

### Facial Enhancements

Eyebrow Tinting	€25
Eye Lash Tinting	€25
Eyebrow Shaping	€25
Upper Lip Wax	€20
Chin Wax	€20
Body Waxing	Price Upon Request

To enhance your Spa experience treat yourself to a second treatment and get a 10 % discount

### Bespoke Beauty and Wellness



### Treatments, Massages & Sauna

Wednesday	11AM - 5PM
Thursday	11AM - 5PM
Friday	11AM - 5PM
Saturday	11AM - 5PM
Sunday	11AM - 5PM

Swimming pool: Daily	8AM - 8PM
Gym: Monday - Sunday	24/7

To contact the Spa by telephone from your room please dial #680

We take preparation for your enjoyment seriously.

If your booking needs to be cancelled, we request 24 hours' notice, otherwise your room will be charged.

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LE SPA  
by SKINS  
INSTITUTE

Each facial at Skins Institute is individually tailored to suit your personal skin type.

## Facial Collection

### Marie Veronique Organics 80 minutes - €180

This exclusive ritual will completely change your perception of skin care. Deep cleansing will first free your skin of all impurities, ensuring powerful plant based anti-oxidants and other nourishing organic ingredients used in this treatment can then deliver the ultimate skin care experience. Our tailored techniques leave your skin intensely hydrated, youthful and radiant.

### African Botanics Marula Oil Ultimate Glow 75minutes - €165

A luxurious, all-organic facial, packed with wild-foraged botanicals. First a double cleansing followed by an enzymatic peel and stem cell mask. Then, a décolleté and facial massage with award winning Marula oil. This treatment leaves you glowing, radiant and deeply hydrated. Perfect as a pre-party facial, suitable for all skin types.

### The Detox or The Nourish 55/75 minutes - €135/€150

Nature and science connect here to deliver significant complexion benefits. Vitamins, gentle acids, anti-oxidants, anti-inflammatory and rich hydrating ingredients are used to soothe your personal skin type for guaranteed maximum result. We recommend "The Detox" for oily, congested skin and "The Nourish" for dryer or mature skin.

### Gentlemen's Facial 55 minutes - €125

This stimulating treatment is specifically designed for men's skin to counteract effects of lack of sleep, under-eye-circles, stress and daily shaving. Using exclusive natural products by "REN" combined with a relaxing facial massage, your skin will be left clean, youthful and revitalized.

### PCA Oxygenating Facial 55 minutes - €135

Our long time favourite is a three-step system, designed to promote a radiant, healthy glow by stimulating oxygenating and circulation within the skin in order to rejuvenate sluggish stressed or acne affected skin. Perfect as a pre-party facial.

## Hand and Foot Collection

### Luxury Manicure 60 minutes - €90\*

Complete manicure concentrating on cuticles and dry hands, then a luxurious massage finished by a nail polishing.

### Relaxing Foot Spa 60 minutes - €90\*

This pampering begins with nail shaping and filing followed by a cuticle treatment. Sit back and feel both that hard skin and tension melt away. Finally a coat of polish to keep your feet looking great and feeling soft.

\*additional Shellac €30

## Body Collection

### Le Spa My Own Serum 80 minutes - €175

Deeply relaxing massage with 100% natural, heavenly scented and intensively nourishing signature oils from Skins Institute's "My Own Serum". An ultimate head-to-toe massage for body and mind through professional touch and smell experience.

### African Botanics Detox 80 minutes - €175

We apply a potent detoxifying and exfoliating mud, containing powerful botanical blends. This is followed by a full body (lymph) drainage massage. Hereby we stimulate cell activity, creating a slimming effect.

### Deep Tissue Massage 40/55 minutes - €100/€135

This massage focuses on realigning deep layers of muscles and connective tissue. Especially helpful for chronic aches or pains.

### Swedish Massage 40/55/80 minutes - €90/€115/€150

Classic Massage with a mix of techniques for complete relaxation.

### HydroMed Massage 55 minutes - €125

A revolutionary massage method using a warm water pillow. Specific for people with back problems, and for anyone who can't / want to lie on their back. Also recommended for pregnant woman.